

HELP YOUR CHILD GET READY FOR KINDERGARTEN: PACKING LUNCHES

Register for a **FREE** online session with York Region Public Health nutrition staff

Get ready for lunch and snack time routines with York Region Public Health nutrition staff!
Topics will include:

- Lunch ideas and inspiration
- Supporting children with the transition to school lunches
- Litterless lunches
- Tips for making packed lunches a success

Sessions will take place in English, over Zoom and will be one hour in length.

Session dates

Wednesday, April 23 from 6:30 p.m. to 7:30 p.m.

or

Saturday, June 21 from 10:00 a.m. to 11:00 a.m.

or

Tuesday, July 22 from 1:00 p.m. to 2:00 p.m.

Registration information

Sessions are open to families that have children entering Year 1 or Year 2 of Kindergarten.

Please contact your local EarlyON program to register for one of the sessions.

PUBLIC HEALTH

1-877-464-9675

TTY 1-866-512-6228

york.ca/FeedingKids



Town of Aurora

[Aurora Centre](#)

Telephone: 1-866-404-2077 ext. 217
Email: Early.ON@socialenterprise.ca

[Calendar](#).

Town of Georgina

[Keswick Centre](#)

Telephone: 905-476-3834
Email: EarlyON@yorkchild.ca

[Calendar](#)

Township of King

[King Centre](#)

Telephone: 905-859-9941
Email: Early.ON@socialenterprise.ca

[Calendar](#)

City of Markham

[Markham Centre](#) Telephone: 905-479-0002
Email: EarlyONMarkham@familydaycare.com

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[On y va Markham](#) Email: centreONYva@centrefranco.org

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[Markham East Centre](#) Telephone: 905-471-1620
Email: EarlyONMarkhamEast@familydaycare.com

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Town of Newmarket

[Newmarket Centre](#) Telephone: 905-853-0754
Email: EarlyON@yorkchild.ca

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Town of East Gwillimbury

For information about mobile sites in East Gwillimbury, contact the Newmarket Centre.

City of Richmond Hill

[Richmond Hill Centre](#)

Telephone: 905-948-9627

Email: earlyon.richmondhill@ymcagta.org

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City of Vaughan

[Thornhill Centre](#) Telephone: 905-709-6159

Email: EarlyONThornhill@familydaycare.com

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[On y va Kleinburg](#) (Email: centreONYva@centrefranco.org)

[Calendar](#)

[Woodbridge Centre](#)

Telephone: 1-866-404-2077 ext. 215

Email: Early.ON@socialenterprise.ca

[Calendar](#)

Town of Whitchurch-Stouffville

[Stouffville Centre](#) (and mobile sites)

Telephone: (289) 612-1777

Email: earlyon.stouffville@ymcagta.org

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