

## USE ACTIVE SCHOOL TRAVEL - DO YOUR PART TO KEEP THE EARTH CLEAN

### EARTH DAY - APRIL 22

We are all stewards of the Earth. It is our duty as people to be aware and ensure our day to day actions have positive impacts on the environment. One easy way to do this is by reducing the number of times your child or children are driven to and from school by using active travel, including the school bus. It takes a lot of energy (gas) to drive your vehicle, including short distances. This energy contributes to the burning of fossil fuels, which creates pollution and sends greenhouse gases into the air. These gases harm the earth's atmosphere and contribute to pollution, smog and climate change which are all harmful to both physical and mental health.

**Earth Day** is an annual worldwide event and is celebrated on April 22. Earth Day is a time to reflect on your habits and consider making small changes to your routine to do your part to keep the Earth clean including using Active School Travel! For those who can't walk or cycle to school every day, choosing active travel 2 or 3 times a week can still provide benefits. You can also consider parking a block away from the school and walking the rest of the way. Do your part, choose active school travel and help keep our Earth clean!



Sincerely,

YCDSB Active School Travel Team