

THE ANNUAL FAMILY FITNESS NIGHT AT OLR IS BACK!!

Our Lady of the Rosary is hosting a **Family Fitness Night on Wednesday, May 29th from 6:15 – 8:00pm**. Our Family Fitness Night is an evening of fun and physical activities for students and parents to play together, have fun and get active!

Theme: Summer Olympics in honour of the Summer Olympics being hosted in Paris this year. Support your favourite country by wearing team jerseys or country colours.

WHEN? Wednesday, May 29th – Rain or Shine



WHAT TIME?

- 6:15 – 6:30pm → Registration and pick up Passports
- 6:30 – 8:00pm → Activities

WHERE? OLR gym, classroom, outdoors (weather permitting)

WHO? Gr. 4-8 OLR students and parents. This year our event is geared towards the Junior and Intermediate students given the nature of the activities selected.

COST? Toonie donation for Autism Awareness

Activities include:

- Unity Volleyball
- Basketball
- Handball
- Rhythmic Drumming
- Theme related photo booth

If you are interested in participating, **please complete the form below and return it to the school by Tuesday, May 21st**. Hope to see you on May 29th! Don't forget to dress comfortably and come prepared to get active with your children. ***Healthy snacks will be provided by the OLR Parent Council.***

Thank you,
OLR Fitness Team

We will attend the Family Fitness Night on **Wednesday, May 29th** yes _____ no _____

Family Name: _____

Student(s) Name(s): _____

Grade: _____

Number of people attending: _____

