

Please review the following important upcoming dates and events that are happening in the month of February 2024.



#### Senior Secretary: J. Palermo

Superintendent: J. Chiutsi

Trustees: J. Wigston, A. Grella

Parish: St. Joseph the Worker Parish (Pastor: Fr. V. Amole)

**CSC Chair: J. Cutrone** 

Enrollment: 319

Hours: 8:50am-3:20 pm

Supervision Begins: 8:35am

Lunch: 11:45am-12:45pm

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	Virtue of the month is	JUSTICE I will treat others in a just, equitable and unbiased manner. I will play be the rules, take turns and share. I will be open-minded and listen to others.		
	IMPORTANT DATES & EVENTS IN FEBRUARY 2024	Harding       Harding         Burger       Harding         Harding       Harding         H		
	Feb. 1	<ul> <li>Carnaval ends with the Masquerade Dance</li> <li>Black History Month begins</li> <li>Gr. 9 Course Selection continues</li> </ul>		
	Feb. 2	<ul><li>PA DAY</li><li>Ground Hog Day</li></ul>		
	Feb. 4	White Cane Week Begins		
	Feb. 5	<ul> <li>Term 2 Hot Lunch Program begins</li> <li>Hearing Screening Clinic Parent Permission forms and exact cash payment of \$20 or cheque made payable to "Our Lady of the Rosary CES" due to the main office.</li> <li>Guest speaker/Presentation: Mr. Aubrey Clarke (2 sessions: FDK-Gr. 3, Gr. 3/4 to 8</li> </ul>		
	Feb. 6	School Association Hearing Clinic at OLR for all students		
	Feb. 7	Winter Walk Day-York Region Public Health		

Feb. 8	Pathways and Careers Teacher workshop for Intermediate students
Feb. 9	Payments for Gr. 6, 7 Toronto Holocaust Museum due via School Day online application
Feb. 10	Happy Lunar New Year!!
Feb. 12	International Epilepsy Day
Feb. 13	<ul> <li>100 Days of School Celebration</li> <li>Term 1 Report Cards available to parents/guardians via the Parent Portal at <a href="https://oir.ycdsb.ca/parents/">https://oir.ycdsb.ca/parents/</a> after 4 pm.</li> <li>Shrove Tuesday-Delicious Pancakes to be served to all students.</li> <li>Valentine's Day to be recognized today.</li> </ul>
Feb. 14	<ul> <li>Lent Begins</li> <li>Ash Wednesday-Liturgy of the word scheduled for 10:45 am. Ashes will be received from St. Joseph the Worker Parish and will be distributed to all students and staff.</li> </ul>
Feb. 16	Rosary Apostolate visit
Feb. 19	Family Day (School is closed)
Feb. 20	<ul> <li>World Day of Social Justice</li> <li>Beading Earrings-Bird Tails workshop at the YCDSB Headquarters from 6-8 pm</li> </ul>
Feb. 21	David Lane: From Humming to Mouth Drumming
Feb. 27	Term 2 Stream Centre of Excellent visit # 1: Gr. 4
Feb. 28	Pink Shirt Day
Feb. 29	Black History Month Liturgy of the Word
HOT LUNCH SCHEDULE for TERM 2	<ul> <li>Mondays: Gino's Pizza</li> <li>Tuesdays: Nonna's Oven</li> <li>Wednesdays: Just Catering For Kids</li> <li>Fridays: Gino's Pizza Non-Pizza Items</li> </ul>
	Important dates for students who are receiving the sacraments of First Holy Communion and Confirmation this year:
	1) Sat. Feb. 24, 2024-Parents meeting at St. Joseph the Worker Parish from 10 am-11 am
	<ol> <li>Sat. Feb. 3, 2024-All Communicants-First Holy Communion Preparation Class # 4 at St. Joseph the Worker Parish from 10 am-12 pm</li> <li>Sat. Feb. 10, 2024-All Communicants-First Holy Communion Preparation Class # 5 at St. Joseph the Worker Parish from 10 am-12 pm</li> </ol>
	<ol> <li>Sat. Feb. 24, 2024-All Communicants- First Holy Communion Preparation Class # 6 at St. Joseph the Worker Parish from 10 am-12 pm</li> <li>Sat. Feb. 20, 2024-Confirmation Parents meeting at St. Joseph the Worker Parish at 7 pm</li> </ol>
	6) Sat. Feb. 3, 2024-Confirmation Preparation Class # 4 at St. Joseph the Worker Parish from 3-5 pm
	<ul> <li>7) Sat. Feb. 10, 2024-Confirmation Preparation Class # 5 at St. Joseph the Worker Parish from 3-5 pm</li> <li>8) Sat. Feb. 24, 2024-Confirmation Preparation Class # 6 at St. Joseph the Worker Parish from</li> </ul>
	3-5 pm



On behalf of Our Lady of the Rosary CES, we wish all of our families a HAPPY LUNAR NEW YEAR on February 10<sup>th</sup>! (May this indeed be a year of Strength, Courage and Good Fortune for everyone!)

## Some Highlights from February 2024:

Congratulations to all of our <u>Virtue of the Month Recipients for January: Unity!</u> February's Virtue is Wisdom! FDK 1 (Ms. Ecclestone): Lorenzo E., Julius G., Emanuel M., FDK 2 (Ms. Prechner): Sophie K-U., Aria T., Gr. 1 (Ms Petrolo): Andreas C., Michael M., Gr. 1/2 (Ms. Bromley): Princess C., Dylan C., Gr. 2 (Ms. Iaboni): Aryan K., Dolores G., Gr. 3 (Ms. Ali): Alyssa M., Afolami O., Gr. 3/4 (Ms. Gurrieri): Aidan S., Gr. 4 (Ms. Sciulli): Jazelle S., Rhianne R., Gr. 5 (Ms. Spano): Alessia B., Jayden D., Gr. 5/6 (Ms. Turchiaro): Alessandro M., Mikaela B., Gr. 6 (Mr. Martino): Tyler S., Aaliyah B., Gr. 7 (Ms. Skenderis): Brandon S., Illia Lepai and Gr. 8 (Mr. Federici): Mateo O., Olivia P.



#### **BLACK HISTORY MONTH: WELCOME TO MR. AUBREY CLARKE**



Thank you to Ms. Guida, Ms. Puopolo, and our junior division students, such as, Mitchelle in Gr. 6. for promoting the importance of Black History Month through morning announcements and making Mr. Clarke feel at home!

The OLR community was delighted to welcome Mr. Aubrey Clarke visit our school on Monday, February 5, 2024. Mr. Clarke is one of many unsung heroes and an up and coming Canadian author and songwriter. Aubrey engaged the OLR community by sharing his message of hope and building self-esteem via his love of literature. Aubrey's energetic reading of Fly Little Blackbird fly surely captivated our students' minds with its powerful message and theme. We hope that Aubrey's voice has inspired our students to see the future as an opportunity to rise to their true potential.





# NOTICE

# FRAGRANCE/SCENT-SAFE BUILDING

All staff, students and visitors are asked to refrain from or minimize the use of scented products as they can result in adverse effects on the health of others.

These products may include: perfume/cologne, hair spray, lotion/creams, body spray, essential oils, air fresheners, and aftershave.

Thank you for your cooperation.



# **Jays Care Affiliate School**

OLR continues to be a Jays Care affiliate school and will be running our Jays Care program this year to break down barriers for many of our students and expose them to the joys of baseball. The school's plan is to send this year's students who are a part of this club to a Blue Jays game later i=on in the year. In addition to this, OLR has submitted a request to run the Jays Care Affiliate Leaders in Training Girls Program. This program is instrumental in helping youth connect with new peers, inspire role models, explore new opportunities and gain more confidence and vision for the future. The program also aims to empower youth to recognize their potential as leaders and ability to be changemakers in their community. The school has nominated 5 students to take part.





## ONPARA ATHLETE AMBASSADOR PROGRAM

In an effort to further the school's goals around Diversity, Equity and Inclusion, the school is currently booking a comprehensive presentation on the rules and regulations of wheelchair basketball. Conducted by an ONPARA Athlete Ambassador, the session will expose students to the ambassadors' athleticism, showcasing ball handling, passing, and skills in a sports wheelchair. The presentation will conclude with a question period, providing students with the opportunity to inquire about wheelchair basketball, the athlete's challenges and their everyday life.

# Who's Up for a Movement Break?

Thank you to Ms. Marinelli and Ms. Guida for using tri-coloured tape and bringing things to life in the form of movement break activities (12 in total which occupy both floors and the Core/APT room). Some students have been expending energy, self-regulating and getting ready for the next part of the day. Good for some and beneficial for all.



#### CARNAVAL 2024

Two Bonhommes? What's going on? More hot chocolate for everyone?

That's a wrap for Carnaval, a time-honoured tradition that originated in Quebec around 1894 in an effort to provide everyone with a snow festival that would amuse and also distract from the harsh winter weather. Thank you to the Carnaval committee: Mme. Colarossi, Ms. Puopolo. Ms. Marinelli, and Ms. Guida and Luke 4:18 for their assistance in planning this year's Carnaval.



#### ATHLETICS

#### You win some; you lose some!

Our Junior boys' and girls' volleyball teams relished the opportunity to compete against some of the toughest teams in Area F at St. Rene Goupil CES and Blessed Scalabrini. Thank you to our dedicated team of coaches: Ms. lannetta, Ms. Guida, Ms. Turchiaro and Mr. Martino for shaping our teams and inspiring them to do their best and learn the intricacies of teamwork. Our boys won all of their tournaments and our girls played to the final whistle with two victories and two defeats! Until next year, OLR... Next, basketball!!!



Divine Mercy CES-Stream Centre of Excellence Visit (January 18, 2023)-Grade 3/4



# **OLR's Mental Health Campaign Lead Teacher**

Luke 4:18 student leaders (Marienette and Tobi) are currently overseeing a Mental Health Tips and strategies campaign for the months of January and February for the school as part of their learning from the recent Leadership Links student conference at the YCDSB board office in Dec. 15<sup>th</sup>. Thank you to them and the Mental Health Ambassadors: Mme. Colarossi and Ms. Chung for overseeing this important initiative.



# Mental Health and Wellness Tips for Students

## Use healthy coping skills to help overcome challenges

- Utilize breathing exercises, visualization, and other mindfulness activities.
- Explore creative outlets, such as music, drawing, or writing
- Engage in movement, including yoga and dance.
- □ Seek outdoor activities in nature.
- Reach out to trusted friends and mentors.
- □ Set a more structured schedule.

## Mind-body wellness; physical well-being

- Get enough rest and sleep (8-10 hours daily).
- □ P SH SEN PLANE 9 limit screen time.
- Exercise and eat a <u>balanced diet</u>.

### Open and positive communication; social well-being

- **I** Talk about what is troubling you with a trusted adult.
- I Know how to seek assistance when struggling or confused and unsure.

#### Identify and understand your feelings; psychological well-being

- When feeling angry, worried or troubled, discuss your feelings with a parent, another trusted adult, or a trusted friend.
- **I** Teachers, counselors and coaches are examples of adults who can help.

## Set goals for physical, social, and psychological well-being

 Develop <u>SMART goals</u> for the future to help you stay focused on things that really matter. This can help you put day-to-day problems into perspective.

# **Computers Update:**

Thanks in large part to our collective result of \$8440.79 from the World's finest Chocolate fundraiser and CSC, OLR has replaced and received 35 new Lenovo Gen 3 Chromebooks which are currently in the hands of our students. Our intent is to purchase more as the year progresses.



# **Parish Connections:**

We look forward to our Ash Wednesday Liturgy of the Word on Wednesday, February 14, 2024. Ashes will be received from St. Joseph the Worker Parish and distributed to staff and students. Thank you to Ms. Guida and Ms. Marinelli for planning this importance service which signals the beginning of Lent!

Please stay connected with events and initiatives at St. Joseph the Worker Parish by visiting: https://stjosephtheworkerth.archtoronto.org/





**Shrove Tuesday** 

Currently Our Lady of the Rosary CES is seeking some parent volunteers to assist with our Shrove Tuesday preparations at school on **Tuesday**, **February 13**, **2024**. If you are interested in helping, please contact our community helper, Ms. Renee Czukar by email at <u>rczukar@rogers.com</u>, by phone at 416-570-2281 or contact our Catholic School Council Chair, Ms. Jessica Cutrone by email at <u>iligama@hotmail.com</u>.

Our plan is to serve some delicious pancakes to our students from JK to grade 8.

The day which comes before Ash Wednesday is popularly known as Shrove Tuesday or Pancake Tuesday. Shrove Tuesday soon became a day for Confession and also a period of time for Catholics to consume eggs, sugar and dairy, items which are traditionally restricted during Lenten fasting.

Should you wish to assist as a parent volunteer, please note and adhere to the following:

- We encourage you to practice effective hand hygiene
- Sign into and out of the established school designated Visitor/Volunteer binder in the main office and obtain a visitor badge
- Handle all food in accordance with the school's established plan for the distribution of pancakes to each classroom (This will be communicated to all parent volunteers).
- Finally, ensure that all food contact surfaces, equipment, and utensils are cleaned and sanitized prior to and after each use, using an approved sanitizer as per the Food Premises Regulation 493/17