## Our Lady of the Rosary CES Newsletter



## **SEPT 2021**

## Principal's Message

Dear Parent(s)/Guardian(s):

I would like to take this opportunity to welcome all of our students and their families, current and new, back to Our Lady of the Rosary CES! We hope that everyone has enjoyed the summer break in great abundance. With a great deal of optimism and enthusiasm, the OLR staff looks forward to beginning a new year, an opportunity to create new memories and expose the students to new learning opportunities in recognition of the welcome return to co-curricular activities, clubs and sports, strengthened through the reassurance provided by the 2021-2022 YCDSB Re-entry plan, enhanced health and safety measures and protocol related to COVID-19, widespread and increasing access to vaccinations and a thoughtful and measured return to many aspects of school life that are familiar to many of us. Although Catholic Education Week takes place later on during the school year in May 2022, it is not premature to consider the overall message of Rebuilding, Restoration and Renewal that will be a critical motivating force for all that we do, as we plan ahead and look forward to assisting our students and their families and the transition to the rigours of school life, while at the same time focusing on the learning recovery needs of our students and their spiritual and mental well-being. At this time, we look forward to working through the process of electing a new Catholic School Council for 2021-2022, as well as, working with our school Trustee, Ms. Wigston, our Area Superintendent, Ms. Sawicky, and Father Steven and our friends at St. Joseph the Worker Parish. Welcome to the newest members of the OLR team, Ms. Machala our ESL teacher and Ms. McClelland, our Music teacher.

Yours in Catholic Education,

W. H Kwon Principal OLR

#### **NEW REGISTRANTS WELCOME**

Apply online or download a print copy at <u>www.ycdsb/ca/admissions</u>. Call the school at 905-669-6690 for more information. For general information about the York Catholic District School Board, visit <u>www.ycdsb.ca/admissions</u>. Stay in touch with us throughout the school year and follow us on Twitter @YCDSB and @OLRosary!



### **School Information**

Principal: W. H Kwon Secretary: J. Palermo Superintendent: L. Sawicky Trustee: J. Wigston Parish: St. Joseph the Worker Parish 191 Wade Gate, Thornhill, ON L4J 5Y4 Pastor: Father Steven Kwon CSC Chair: I. De Sousa Enrollment: 303 Hours: 8:50am-3:20pm Lunch: 11:45am-12:45 pm



## 🛞 Multi-Year Strategic Plan

Mission Statement		
Guided by Gospel volues and Catholic Venues, in pathwentip with home and Chuckt, we educate and inspire all students to reach their hall potential in a safe and caring anxironment.	Contract Contract Milling Contract Process Present (Process)	The second secon

## A PRAYER FOR THE FIRST WEEK OF SCHOOL (REDISCOVER)

Loving God,

We come back to school with much excitement and confidence.

It has been a long time since we have sat in our classrooms with our classmates and teachers. May this year have fewer disruptions so we can rediscover how to learn together, face to face and side by

side.

Remind us to be patient and kind to one another in our classes, in the hallways, and on the playgrounds.

Amen.

## OLR SEPTEMBER 2021 CALENDAR

https://olr.ycdsb.ca/

The updated September 2021 School Calendar is available. Please visit our school website at <u>https://olr.ycdsb.ca/</u> under the side banner entitled "Upcoming Events" to the right. For all school board related updates, please visit <u>www.ycdsb.ca</u>.



## TRAFFIC PROTOCOL



To continue the school year with all students' safety at the forefront, we need to ask for your increased vigilance with all of our surrounding roads. We ask for your additional attention to the safety of our students, specifically in the areas in front of our school. We need everyone's help to work for the safety of all our children.

#### PLEASE HELP US HELP OUR CHILDREN:

The children's safety is a concern to all of us. The expectation is that drivers will respond to traffic signs and they will be cautious when approaching the school area. As parents, it is reasonable to expect a safe "drop-off" zone for the children. Hence, the question: "Where can I stop in order to off load my child(ren)?" At Our Lady of the Rosary, parents are expected to drop off their children on Glen Shields Avenue. The city of Vaughan has placed signs directing parents that the area is a no-parking zone between 8:00- and 9:30 am and 3:00-4:30 pm, Monday to Friday.

Please remember not to block any driveways and please do not park too close to the school driveways. Busses need additional space to turn safely without striking the front or back end of a stopped/parked car. U-turns are prohibited and would create a danger in any school area. As a gentle reminder, please ensure the safety of children by having them wear seatbelts correctly, at all times.

Parents dropping off or picking up students are reminded that they are not to enter the driveway after 8:20 a.m. and 3:00 p.m. as we are preparing for student arrival and dismissal. The bus loop is easily distinguishable, as it has been marked with large pylons at each end. Please do not park here, as this area is for the students to safely disembark from the bus.

Thanks for your time and assistance in creating an even safer school!



## FIRST DAY AND SCHOOL RE-ENTRY PROCEDURES AT OLR 2021-2022

#### First week of school:

All families are encouraged to review the YCDSB 2021-2022 Re-entry plan, which includes the YCDSB's officially vetted and accepted policies and practices relating to school operations and health and safety measures by. This resource is updated continuously and can easily be accessed by visiting: <u>https://www.ycdsb.ca/reopening/</u>

Please note that this is a fluid plan that is continuously evolving; therefore, it is important to check back and review every now and again. Please review if you have not already done so.

#### HIGHLIGHTS

- Elementary School Students in Grades 1 to 8 are required to wear masks indoors and on buses
- It is strongly recommended students in Kindergarten wear masks indoors and on buses
- Students are not required to wear masks outdoors
- Elementary students can go home for lunch.
- Elementary students will eat lunch and snacks in their classrooms with their own cohort
- Parents/guardians are **not allowed to drop off lunches/snacks** during the school day students should bring their lunch with them or go home/out for lunch
- Delivery services such as Uber Eats are not allowed
- Clubs, activities, sport teams, bands (following Music protocols) and co-curricular activities are permitted where possible and supervised by a teacher
- The use of gymnasiums, swimming pools, change rooms, weight rooms, indoor physical education equipment and shared outdoor equipment are permitted
- **Music programs** are permitted with appropriate cautionary measures in place
  - **Singing and the use of wind instruments** is classified as a high risk activity and subject to a number of restrictions and protocols
- It is not mandatory that students ages 12-17 be vaccinated to attend school in person
- YCDSB is implementing a staff vaccine disclosure policy as directed by the Ministry of Education

\*\*\*YCDSB Elementary School Start Dates: \*\*\*Wednesday, September 8th, 2021\*\*\*

\*\*\*All elementary students (JK-8) will start together on Wednesday, September 8th, 2021. There is no staggered start this year.\*\*\*

#### **School Building:**

#### On the First Day of School Sept. 8th, 2021

#### **Before Arriving at School:**

• To be permitted into the school building, staff and students must: Conduct a self-assessment using the updated provincial school and childcare COVID-19 screener at <u>https://covid-19.ontario.ca/school-screening/</u> before arriving at school; and be symptom free of respiratory illness; and have not travelled outside of Canada within the last 14 days; and have not been told by a doctor, health care provider, or public health nurse that the student should be isolating; and have not cared for or had known contact with an individual with confirmed COVID-19 or COVID-19 like symptoms (fever, new cough, difficulty breathing).

- Students are NOT to enter the school for ANY reason prior to the morning entry bell, unless they attend the St. Joseph the Worker Before and After School Program for which there is a separate entrance and screening procedure. The entrance for the B and A program is located at the side door of the school, closest to the staff parking lot.
- On the first day of school, <u>all students</u> must wait in their appropriate yard, i.e. kindergarten yard, primary yard, junior yard, intermediate yard, etc... The recess yards have clear boundary markings which must be adhered to: Intermediate yard (Left side of the school behind the gated area closest to the staff parking lot), Jr. (Middle), Primary (Right side of the school).
- Parents are NOT Permitted to enter the building and must wait outside, as the school is only accessible to <u>Essential visitors</u> at this time, meaning "public health nurses, superintendents, board personnel, repair and maintenance personnel, parish staff, emergency services personnel, guest speakers and external educators, etc..."
- Until further notice, visitors are not allowed to enter the school unless they have a pre-arranged appointment. Any <u>authorized visitors</u> are asked to complete the updated provincial school and childcare COVID-19 screener, ensure that they are wearing a face mask, use the electronic door bell system to indicate their arrival, wait to be admitted by office staff, sanitize upon entering the school and sign into and out of the Visitor Logbook.
- All homeroom teachers and ECEs will identify themselves with identifying signage that indicates their name and grade and assist in assembling and bringing in their classes, one cohort at a time, prior to the morning entry bell at approximately 8:35 am. Other itinerant subject teachers and Educational Support workers will be on hand to assist in this process.

- Identical to last year, Primary Grades (1-3) are to line up single file, wait for their homeroom teacher and enter through <u>Doorway F, which is closest to the primary yard.</u> Junior Grades (3/4 to 6) are to line up single file, wait for their teacher and enter through <u>Doorway E which is also located in the primary yard.</u> Intermediate Grades (7 to 8) are to line up single file, wait for their teacher and enter through <u>Doorway E, which is located closest to the intermediate yard.</u>
- Where possible, students are encouraged to maintain a physical distance at all times outside in the recess yard, as they enter the school and at all times when they are inside the school throughout the day, especially when frequenting common areas inside the school. Students in Grades 1-8 must wear a face mask indoors at all times and sanitize/wash their hands upon entering the school building. Parents of young children are encouraged to review this video on Returning to School During Covid-19: https://vimeo.com/449324526?ref=em-share

#### • <u>Note: Students in Grades 1-8 who do not have a mask will be provided with a mask;</u> <u>however, it is the parent(s)/guardian(s)' responsibility to ensure their child brings to</u> <u>school on a daily basis the correct size of mask and extra masks</u>.

 On Sept. 8<sup>th</sup>, Kindergarten teachers and ECE colleagues will meet students by the twoseparate fenced in FDK yards and will assemble their JK/SK cohorts based on <u>updated</u> <u>class lists</u>. A DIRECT ENTRY Process may be used, as coordinated between the ECEs and teachers.

**NOTE:** PARENTS MUST NOT ENTER. All Parents who are situated near the FDK yard, are discouraged from congregating, must maintain a safe physical distance and are **encouraged** to wear a face mask. Teachers/ECEs will line the students up using the painted activity lines in both yards and have the students use arm spans to social distance.

- All families are reminded to refer to the division specific list of suggested school supplies for their child, as communicated prior to the summer break.
- Dismissal at 3:20 pm. Students will exit the school using the same designated exits/entrances as stated above, one cohort at a time. Parents are asked to wait in the designated areas outside the school grounds.

#### • Bus Transportation:

Educational Assistants and Early Childhood Educators will assist with escorting the students off of the buses and directing them to the appropriate area outside to wait for their teacher, i.e. escorting to kindergarten yard, directing to Primary/Jr/Int. yard, etc...

A detailed and updated bus seating plan has been created and will be implemented effective Wed. Sept 8, 2021. Seating for ALL ROUTES will be organized by family cohort and by class cohort, maximizing space as much as possible. Younger students, specifically in kindergarten and up to grade 3 will be provided with an identifying Bus Sticker which will be placed on their backpack for the purposes of ensuring safety and accuracy. Also, the school will continue with its staggered bus boarding procedures with youngest to oldest class cohorts. NOTE: ALL students in grades 1-8 must remain seated and wear a face mask on the bus at ALL TIMES!!!

Student Transportation Services of York Region (STSYR) is a collaborative venture of the York Catholic and York Region District School boards and provides transportation to more than 53,000 students.

For information on bus routes, stop locations, times, late arrivals, cancellation, eligibility, registering a complaint, safety and general information, please contact the York Region Student Transportation Services School Bus Information Line at 1-877-330-3001, accessible 24 hours a day or <u>visit the STSYR website</u> at <u>http://net.schoolbuscity.com/</u>

 In the case of rain on the first day of school, custodial staff will unlock all the classroom doors in advance and <u>ALL staff will</u> revert to direct entry of their students after assembling them and bringing them "directly" to their classes after students enter, sanitize, etc... St. Joseph the Worker Before and After School program students will be supervised by program staff, ensuring they remain in their designated cohorts, maintaining physical distance and then directed/escorted to the appropriate classroom.



In terms of students who arrive late, late slips, will no longer be issued by the main office, identical to last year's practice. <u>Late arrivals and absences</u> will be noted and marked accordingly by teachers using our digital attendance procedures and shared with secretarial staff in real time. All latecomers will enter through the front door, hand sanitize upon arrival and be directly admitted to their classroom.

### Safe Arrival Promotion:

Parents/Guardians always have the option to call Safe Arrival to report a planned absence by calling 1-855-856-7862 prior to 8:50 am or visiting go.schoolmessenger.ca

- Parents are asked to bring/drop off their child(ren) as close to the bell time as possible.
- If a student is not feeling well, we ask that the student stay at home and access any work that has been provided by the school. Should a student feel ill at school, all YCDSB and York Region PH COVID-19 related protocol will be followed, the student will be supervised in a separate and secure areas, and parents will be contacted immediately to pick up the student as soon as possible.



York Catholic District School Board

Catholic Education Centre, 320 Bloomington Road West, Aurora, Ontario L4G 0M1 Tel: 905-713-1211, 416-221-5051, 1-800-363-2711 Fax: 905-713-1272 • www.yodsb.ca

Dear Parent/Guardian,

#### **Elementary Safe Arrival Absence Reporting Procedure**

At York Catholic District School Board, one of our greatest priorities is ensuring that all our students arrive safely to school every day. Parents and/or guardians are required to report their childr(ren)'s absence or late arrival in advance, or before bell time for the current day by accessing the Elementary Safe Arrival Program using any of the three methods below:

- Toll Free SchoolMessenger Phone Number: 1 855 856 7862
- The SchoolMessenger Website: go.schoolmessenger.ca
- The SchoolMessenger App I from the Apple App Store or the Google Play Store.

The first time you use the App or Website, select **Sign Up** to create your account. To report an absence, select **Attendance** followed by **Report an Absence** 

These options are available **24 hours a day, 7 days a week**. Future absences can be reported at any time. If you have children at a YCDSB Secondary school, you may use the SafeArrival system to report the absence for those children, as well.

Parents and/or guardians are requested to report absences for students attending in-person face to face and remote learning.

In order for this system to be successful, it is important that we have the correct contact information for you on file. If any of your phone or email contact information has changed, please contact your child's school office.

In addition, *SchoolMessenger* will send an automated notification to parents and guardians who have not reported their child(ren) as absent or late for face to face learners. If our system is unable to reach a designated contact after the required amount of time, office staff will follow up. By reporting your child(ren) absent or late in advance or before the bell time, you will not receive these notifications.

Should you have any questions in regards to the **Safe Arrival Program**, please do not hesitate to contact your child's school office.

Thank you for your attention to this important information about the reporting of your child's attendance for the upcoming school year.

York Catholic District School Board



#### Elementary School Parent and Guardian SchoolMessenger Instructions

Parents and/or guardians are required to report their child(ren)'s absence or late arrival in advance, or before school start for the current day by accessing the **Elementary SafeArrival Program** using any of the three methods below:

Toll Free SchoolMessenger Phone Number 1 855 856 7862

SchoolMessenger Website	go.schoolmessenger.ca
SchoolMessenger App	Use your mobile device to download the blue SchoolMessenger
	App 🔇 from the Apple App Store or the Google Play Store.

Parents and/or guardians are requested to report absences for students attending in-person face to face and distance/remote learning.

#### How to Sign Up

The first time you use the SchoolMessenger Website or App, select Sign Up to create your account.

- a. You will be asked to enter the email address your child's school has on record for you.b. Create a password using one lowercase letter, one uppercase letter, one number and from
  - 6 to 255 characters.
- c. Ensure Canada is chosen as the location.
- d. Upon clicking **Sign Up**, you will be sent an activation email to complete your account registration.

Note: Your username and password will be the same for both the SchoolMessenger Website and App.

#### Report an Absence on the SchoolMessenger Website or App

To report an absence:

- a. Select the menu 📃 icon
- b. Select Attendance Attendance
- c. Report an Absence
- These options are available 24 hours a day, 7 days a week. Future absences can be reported at any time.
- If you have children at a York Catholic secondary school, you also may use the SafeArrival system to report the absence for those children.

Should you have difficulty accessing the SchoolMessenger Website or App, please contact your child's school directly.

Elementary School Parent and Guardian SchoolMessenger Instructions

August 2020



**STUDENT ABSENCE REPORTING** Partial or full day absences may be reported in advance, **before** bell time for the current day.

Phone: 1-855-856-7862 Website: <u>go.schoolmessenger.ca</u> Mobile App: SchoolMessenger App (%)

 All Parents/Guardians are encouraged to review with their children how to wash/sanitize their hands, take off their mask using the proper procedure of "Doffing" and "Donning" and storing their mask in their OWN breathable cloth bag/storing it in a secure place in preparation for outdoor recesses. This same information will be reviewed by your child's teacher. Should a student wish to wear a mask outside, OLR is committed to applying a permissive approach and respecting the students and their families' decision to do so.

#### Washrooms

OLR staff will continue to monitor the use and occupancy of washroom by following all YCDSB and York Region Public Health established COVID-19 Health and Safety Measures.

The school will continue its use of the wall mounted LED light system, observing a maximum occupancy of TWO students inside the washroom at all times. Additional students must wait by the designated wall markings should there already be two students.

Important: After students finished using the washroom, they are to wash their hands and TURN OFF the LED light. Students are to observe Social Distancing, mask wearing protocol, respiratory etiquette, handwashing and sanitizing procedure at all times.

• Hand Hygiene

OLR staff will model, encourage and provide time built into the day for students to sanitize/wash their hands prior to removal of their masks for recess, before and after eating snacks and lunch, etc...

#### Lunch hour (11:45 am-12:45 pm):

All students will eat lunch in their own classrooms. All students are asked to bring a refillable water bottle which can be refilled at the school's designated water bottle filling stations. Parents are NOT permitted to drop off lunch. The sharing of food, utensils, requests to reheat food is strictly prohibited. Masks may be removed prior to eating lunch. Students will be provided with time to wash/sanitize their hands. Immediately after students finish eating, they will "don" their masks again and clean up their area. All students and their families must adhere to our **Nut Safe Plan (This will be reviewed with all classes.) If a student is signed out for lunch, they still need to be signed in and out by the parent/guardian. This process will continue to be monitored and facilitated by office staff.** 



#### Hot Lunch Programs:

- Food Programs, nutrition/third party food programs and non-instructional food events (such as pizza days) are permitted to operate; implementation plans will be reviewed in October <u>for a possible fall launch</u>.
- OLR will communicate any updates in the near future regarding the potential start date of hot lunch programs, i.e. Pizza, Mr. Sub, Hot Dogs, Lunch Lady, Food for Students, etc... pending future YCDSB and Public Health updates.

## School Forms/First Day Packages:

 Please note that your child will be receiving a start-up package of important information on the first day of school which contains a letter regarding life threatening allergies and the school's Nut Safe School Plan, OLR's Anaphylaxis Plan for 2021-2022, and student agendas. All families are asked to review this package thoroughly and, complete and return requested forms to your child's homeroom teacher by send them with your child.



A New School Year Classroom Placement Broadcast will be sent to parents' emails prior to the first day of school: Wednesday, September 8, 2021 via Synervoice/School Messenger. The purpose of this communication to each specific grade/cohorts' parents/guardians will be to inform them of their child's homeroom teacher, Grade and room # in advance. The intention of this email communication to parents is to reduce the volume of questions and interactions and provide information in advance to facilitate a smooth re-entry process for 2021-2022.



## York Catholic District School Board School Year Calendar **2021 - 2022**

Phone: 905-713-2711 • 416-221-5050 • 1-800-363-2711 Fax: 905-713-1272 Website: www.ycdsb.ca Twitter: @ycdsb

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## STUDENT AGENDAS:

Dear Parents/Guardians:

This school year, we will once again, be implementing the agenda program from Premier Agenda for our students from grades 1 through to 8. The agenda is an organizational tool that helps students plan, understand expectations, create and meet time lines, set goals, monitor progress, track their own success and develop independent learning skills.

The agenda is also an effective communication tool between students, parents and teachers. We trust that through the cooperative efforts of all those concerned, we may help students to become self- reliant students.

Teachers will model how to use the agenda in an efficient and useful way, by teaching students how to enter assignments, due dates etc. Teachers will also be conducting regular follow up to ensure students remain on track. We encourage parents to be active partners in sustaining their child's positive learning habits. In addition, we encourage the use of the agenda as a vehicle through which parents can communicate with their child's teacher.

The agenda also includes the policies and procedures of the York Catholic District School Board. Teachers will take some time to discuss these with the students. Please take some time to become familiar with its contents.

All students are encouraged to purchase an agenda. Agenda's for grades 1 to 8 will be sold at a cost of <u>\$7.00</u> each. Due to COVID-19 Health and safety measures, the preferred method of payment for the agenda is a cheque made out directly to the school, payable to: <u>"Our Lady of the Rosary CES."</u> Should this method of payment not be possible, we ask that parents/guardians pay the EXACT cash amount of \$7 per student agenda.

We continue to value and recognize the agenda as an organization tool and hope that you too will continue to support the program for your children.

Sincerely,

Mr. W. H. Kwon

Principal

## **Ontario: COVID-19 School & Child Care Screening**

#### https://covid-19.ontario.ca/school-screening/

tudents and children must screen for COVID-19 every day before going to schoo arents/guardians can fill this out on behalf of a child.	ol or child car	Ð.
ate (mm-dd-yyyy)		
creening questions		
Is the student/child currently experiencing any of these symptoms? The symptoms listed here are the symptoms most commonly associated with CC for children and adults continue to evolve as we learn more about COVID-19, how affects people in different ways.		
Choose any/all that are new, worsening, and not related to other known causes or already have.	or conditions tl	ney
Fever and/or chills Temperature of 37.8 degrees Celsius/100 degrees Fahrenheit or higher and/or chills	□ Yes	□ No
Cough or barking cough (croup) Continuous, more than usual, making a whistling noise when breathing (not related to asthma, post-infectious reactive airways, or other known causes or conditions they already have)	□ Yes	□ No
Shortness of breath Out of breath, unable to breathe deeply (not related to asthma or other known causes or conditions they already have)	□ Yes	□ No
Decrease or loss of taste or smell Not related to seasonal allergies, neurological disorders, or other known causes or conditions they already have	□ Yes	□ No
Nausea, vomiting and/or diarrhea Not related to irritable bowel syndrome, anxiety, menstrual cramps, or other known causes or conditions they already have	□ Yes	□ No
Did the student/child receive their final (or second in a two-dose series) COVID-19 vaccination dose more than 14 days ago, or have they tested positive for COVID-19 in the last 90 days and have since been cleared? If YES, skip questions 3, 4, 5.	□ Yes	□ No

of	the last 10 days, has the student/child been identified as a "close contact" someone who currently has COVID-19? bublic health has advised you that you do not need to self-isolate, select "No."	□ Yes	□ No
no	the last 10 days, has the student/child received a COVID Alert exposure tification on their cell phone?	□ Yes	🗆 No
lf t	hey already went for a test and got a negative result, select "No."		
. In t	the last 14 days, has the student/child travelled outside of Canada AND: • been advised to quarantine as per the federal quarantine requirements AND/OR	□ Yes	□ No
lft	<ul> <li>is the student/child under the age of 12 and not fully vaccinated?</li> <li>ravel was solely due to a cross border custody arrangement, select "No."</li> </ul>		
stı	s a doctor, health care provider, or public health unit told you that the ident/child should currently be isolating (staying at home)? is can be because of an outbreak or contact tracing.	□ Yes	□ No
	the last 10 days, has the student/child tested positive on a rapid antigen	□ Yes	🗆 No
	st or a home-based self-testing kit? he student/child has since tested negative on a lab-based PCR test, select "No."		
les	ults of screening questions		
!	If you answered "YES" to any of the symptoms included under question 1, do child care.	not go to s	chool or
	<ul> <li>The student/child must isolate (stay home) and not leave except to get tester a medical emergency.</li> </ul>	d or for	
	a medical emergency.		
	<ul> <li>Talk with a doctor/health care provider to get advice or an assessment, inclus student/child needs a COVID-19 test.</li> </ul>	ding if the	
	Talk with a doctor/health care provider to get advice or an assessment, inclu	dent/child or is diagno iously positi	ive for
	<ul> <li>Talk with a doctor/health care provider to get advice or an assessment, inclustudent/child needs a COVID-19 test.</li> <li>Siblings or other people in your household must stay at home until the stud showing symptoms tests negative, or is cleared by your public health unit, with another illness. Household members who are fully vaccinated or previous tests are supported as the statement of the statement</li></ul>	dent/child or is diagno iously positi	ive for
	<ul> <li>Talk with a doctor/health care provider to get advice or an assessment, inclustudent/child needs a COVID-19 test.</li> <li>Siblings or other people in your household must stay at home until the stud showing symptoms tests negative, or is cleared by your public health unit, with another illness. Household members who are fully vaccinated or previdence COVID-19 in the last 90 days and have since been cleared are not required</li> </ul>	dent/child or is diagno iously positi	ive for
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•	<ul> <li>Talk with a doctor/health care provider to get advice or an assessment, inclustudent/child needs a COVID-19 test.</li> <li>Siblings or other people in your household must stay at home until the stud showing symptoms tests negative, or is cleared by your public health unit, with another illness. Household members who are fully vaccinated or prevideovide covID-19 in the last 90 days and have since been cleared are not required.</li> <li>Contact your school/child care provider to let them know about this result.</li> </ul>	dent/child or is diagno iously positi I to stay hor d or for a symptoms t	ive for ne.
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	<ul> <li>Talk with a doctor/health care provider to get advice or an assessment, inclustudent/child needs a COVID-19 test.</li> <li>Siblings or other people in your household must stay at home until the stud showing symptoms tests negative, or is cleared by your public health unit, with another illness. Household members who are fully vaccinated or prevideov COVID-19 in the last 90 days and have since been cleared are not required.</li> <li>Contact your school/child care provider to let them know about this result.</li> <li>If you answered "YES" to question 3, do not go to school or child care.</li> <li>The student/child must isolate (stay home) and not leave except to get tester medical emergency.</li> <li>The student/child can return to school or child care after the individual with s negative, is cleared by your local public health unit, or is diagnosed with anot</li> </ul>	dent/child or is diagno iously positi I to stay hor d or for a symptoms t	ive for ne.
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	<ul> <li>Talk with a doctor/health care provider to get advice or an assessment, inclustudent/child needs a COVID-19 test.</li> <li>Siblings or other people in your household must stay at home until the stud showing symptoms tests negative, or is cleared by your public health unit, with another illness. Household members who are fully vaccinated or previde COVID-19 in the last 90 days and have since been cleared are not required</li> <li>Contact your school/child care provider to let them know about this result.</li> <li>If you answered "YES" to question 3, do not go to school or child care.</li> <li>The student/child must isolate (stay home) and not leave except to get teste medical emergency.</li> <li>The student/child care return to school or child care after the individual with s negative, is cleared by your local public health unit, or is diagnosed with anot.</li> <li>Contact your school/child care provider to let them know about this result.</li> </ul>	dent/child or is diagno iously positi I to stay hor d or for a symptoms t her illness. to ding if they e after 10 da	ive for ne. ests
	<ul> <li>Talk with a doctor/health care provider to get advice or an assessment, inclustudent/child needs a COVID-19 test.</li> <li>Siblings or other people in your household must stay at home until the stud showing symptoms tests negative, or is cleared by your public health unit, with another illness. Household members who are fully vaccinated or previde COVID-19 in the last 90 days and have since been cleared are not required.</li> <li>Contact your school/child care provider to let them know about this result.</li> <li>If you answered "YES" to question 3, do not go to school or child care.</li> <li>The student/child must isolate (stay home) and not leave except to get tester medical emergency.</li> <li>The student/child care provider to let them know about this result.</li> <li>If you answered "YES" to question 4, do not go to school or child care.</li> <li>The student/child must isolate (stay home) for 10 days and not leave except to get tested or for a medical emergency.</li> <li>The student/child must isolate (stay home) for 10 days and not leave except to get tested or for a medical emergency.</li> <li>Talk with a doctor/health care provider to get advice or an assessment, incluin need a COVID-19 test. The student/child can only return to school/child care</li> </ul>	dent/child or is diagno iously positi I to stay hor d or for a symptoms t her illness. to ding if they after 10 da nptoms. r work, but i who are full	ive for ne. ests iys, must y
	<ul> <li>Talk with a doctor/health care provider to get advice or an assessment, inclustudent/child needs a COVID-19 test.</li> <li>Siblings or other people in your household must stay at home until the stud showing symptoms tests negative, or is cleared by your public health unit, with another illness. Household members who are fully vaccinated or previde COVID-19 in the last 90 days and have since been cleared are not required</li> <li>Contact your school/child care provider to let them know about this result.</li> <li>If you answered "YES" to question 3, do not go to school or child care.</li> <li>The student/child must isolate (stay home) and not leave except to get tester medical emergency.</li> <li>The student/child can return to school or child care after the individual with s negative, is cleared by your local public health unit, or is diagnosed with anot</li> <li>Contact your school/child care provider to let them know about this result.</li> <li>If you answered "YES" to question 4, do not go to school or child care.</li> <li>The student/child must isolate (stay home) for 10 days and not leave except to get tested or for a medical emergency.</li> <li>Talk with a doctor/health care provider to get advice or an assessment, incluineed a COVID-19 test. The student/child can only return to school/child care even if they get a negative test result, as long as they do not develop any syme siblings and other people in your household can go to school, child care on to teave the home for other non-essential reasons. Household members vaccinated or previously positive for COVID-19 in the last 90 days and have</li> </ul>	dent/child or is diagno iously positi i to stay hor d or for a symptoms t her illness. to ding if they a fiter 10 da nptoms. r work, but i who are full a since beer	ive for ne. ests iys, must y

#### If you answered "YES" to question 5, do not go to school or child care.

- The student/child must isolate (stay home) and not leave except to get tested or for a medical emergency.
  - Visit an assessment centre to get them a COVID-19 test.
  - If they test negative (they do not have the virus), they can return to school/child care.
    If they test positive (they have the virus), they need to continue isolating and can return
  - only after they are cleared by your local public health unit.
- If they develop symptoms, contact your local public health unit or doctor/health care provider for more advice.
- Siblings or other people in your household can go to school, child care or work, but must
  not leave the home for other, non-essential reasons until the individual who got the COVID
  alert tests negative, or is cleared by your local public health unit. Household members who
  are fully vaccinated or previously positive for COVID-19 in the last 90 days and have since
  been cleared are not required to stay home.
- · Contact your school/child care provider to let them know about this result.

#### If you answered "YES" to question 6, do not go to school or child care.

- The student/child must follow federal guidelines for individuals who have travelled internationally, including not going to school/child care for 14 days after their arrival and getting tested as per federal requirements.
- If the student/child has been directed to quarantine, they must stay home for 14 days and not leave except to get tested or for a medical emergency. For more information on federal requirements for travellers, please see the Government of Canada's website.
- If the student/child develops symptoms and/or tests positive, contact your local public health unit or doctor/health care provider for more advice.
- · Contact your school/child care provider to let them know about this result.

#### If you answered "YES" to question 7, do not go to school or child care.

- The student/child must isolate (stay home) and not leave except to get tested or for a medical emergency.
- Follow the advice of public health. The student/child can return to school/child care after they are cleared by your local public health unit.
- If the student/child develops symptoms, contact your local public health unit or doctor/health care provider for more advice.
  - Siblings or other people in your household must stay at home until the student/child tests negative, or is cleared by your public health unit. Household members who are fully vaccinated or previously positive for COVID-19 in the last 90 days and have since been cleared are not required to stay home.
- Contact your school/child care provider to let them know about this result.

#### If you answered "YES" to question 8, do not go to school or child care.

- The student/child must isolate (stay home) and not leave except to get tested or for a medical emergency.
- Visit an assessment centre to get them a COVID-19 test.
- If they test negative (they do not have the virus), they can return to school/child care.
- If they test positive (they have the virus), they need to continue isolating and can return only after they are cleared by your local public health unit.
- If they develop symptoms, contact your local public health unit or doctor/health care provider for more advice.
- Siblings or other people in your household must isolate until the individual who tested positive
  on the rapid antigen test or home-based self-testing kit tests negative on a PCR test or is
  cleared by the local public health unit. Household members who are fully vaccinated or
  previously positive for COVID-19 in the last 90 days and have since been cleared are not
  required to isolate.
- Contact your school/child care provider to let them know about this result

#### 3



If you answered "NO" to all questions, your child may go to school/child care. Follow your school/child care provider's established process for letting staff know about this result.

As per regular protocols, all sick individuals with any symptoms of illness should stay home, and seek assessment from their regular health care provider if required. Individuals with severe symptoms requiring emergency care should go to their nearest emergency department. If an individual develops symptoms outside of the list above, the Public Health Unit may recommend other measures including testing based on an assessment of the individual's symptoms and exposure history.

#### Public Health Ontario – Contact Tracing

Answering these questions is optional. This information will only be used by Public Health officials for contact tracing. All information will be deleted in 28 days.

Date: \_

Name: \_

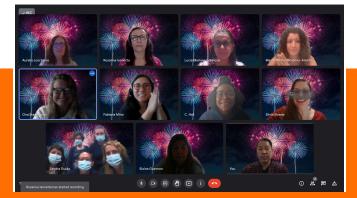
Phone or Email: \_



## **IMPORTANT DATES:**

- Sept. 2 and 7: PA Day
- Sept. 3: YCDSB Board Approved Holiday
- Sept. 6: Labour Day
- Sept. 8: First Day of School for ALL grades (JK-8). International Literacy Day, Nativity of the Blessed Virgin Mary

- Sept. 10: Virtual School Assembly for all students.
- Sept. 20: CIVIX Student Vote Day
- Sept. 21: International Day of Peace
- Sept. 29: Tentative OLR Terry Fox Run
- Sept. 30: National Day for Truth and Reconciliation (Federal Statutory Holiday)



## GRADE 8 GRADUATION DRIVE-BY CELEBRATION 2020-2021:

At OLR, we sincerely extend our heartfelt congratulations to all of our Grade 8 graduates, class of 2021 and wish them an amazing year of learning and happy experiences, as they begin their journey as new Grade 9 students in their respective high schools!

Wishing you all the best from OLR school community!



## VAUGHAN PUBLIC LIBRARY: INDIGENIZE OUR MINDS: A POW WOW EXPERIENCE

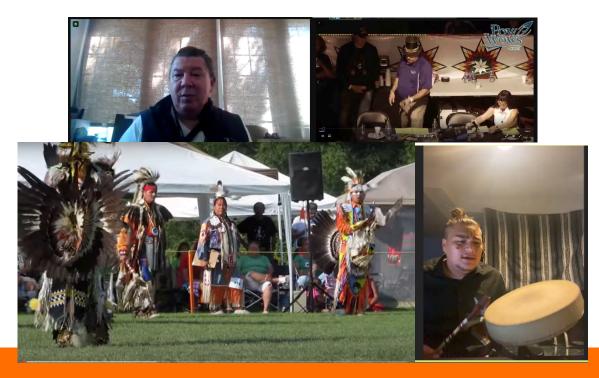
Students in grades 4 to 8 took part in an important and timely learning opportunity on June 10, 2021, as part of the larger National Indigenous History Month in June, thanks in large part to Ms. Rosa Convertini, Youth Services Librarian at Dufferin-Clark Library and our very own teacher-librarian, Ms. Guida at OLR. "The Vaughan Public Libraries has partnered with the Native Canadian Centre of Toronto (NCCT) for a virtual Indigenous-led experience."

During this program, the NCCT will taught students "about pow wow songs, dances, and origin" via the Zoom digital platform.

#### About the NCCT Indigenize Our Minds Educational Outreach Program

The Indigenize Our Minds Education Program (IOMEP) is a non-profit program providing an Indigenous perspective to Indigenous history, culture, and language in North America. IOMEP offers a way to better understand First Nations, Inuit, and Métis people by engaging GTA audiences through holistic and interactive educational learning experiences.

The Pow Wow Experience: Our students learned about the origin and movement of the various pow wow dance styles through demonstration and participation, as well as, learning about the origin of the big drum.



#### **YCDSB NURTURING HOPE FOOD DRIVE 2021**



55 Newkirk Road, Richmond Hill, ON L4C 3G4 + Tel (905) 508-4761 • Email: rhfoodbank@bellnet.ca

June 16, 2021

c/o William H. Kwon Our Lady of the Rosary Catholic Elementary School 206 Glen Shields Ave. Concord, ON L4K 1T8

Dear Staff and Students of Our Lady of the Rosary,

Thank you very much for supporting Richmond Hill Community Food Bank with the generous donation of food raised through your Food Drive. The hard work of the students, parents, school staff and all those involved in this event is greatly appreciated. This donation is already being used to provide emergency relief to families and individuals who have recently found themselves in need.

Our Food Bank currently serves an average of 1,400 persons a month and without the kind and ongoing support of donors such as Our Lady of the Rosary Catholic Elementary School, the Richmond Hill Community Food Bank would not be able to meet this urgent community need.

Thank you again for the donation to our Food Bank and helping us make a positive difference to the clients we serve.

Sincerely,

ReeReynolds.

Ms. Lee Reynolds General Manager Richmond Hill Community Food Bank (905) 508-4761 rhfoodbank@bellnet.ca

## OLR June 2021 Virtue of the Month: Honesty



I will:

- Honour my commitments even when it becomes difficult.
- Be reliable so people can depend on me.
- Be accountable for the things I say and do.

Teacher	Grade	Students
Ms. Ecclestone	JK/SK	Leonardo G. (JK)
		Sebastian C. (JK)
		Doyin O. (SK)
Ms. Battel	JK/SK	Aiden S. C.
		Xavier R.
		Sofia R. V.(SK)
Ms. Smeriglio	1	Marc A.
		Eljon P.
		Sarah U.
Ms. Ceci	1 Remote	Jazelle S.
		Ghierelle D.
Ms. laboni	2	Zayne B.
		Isabeli C. B.
Ms. Prechner	2	Matteo B.
		Gbola O.
Ms. Ali	3	Seth P.
Ms. Petrolo	3/4	Jonathan E.
		Joseph P.
Ms. Sousa	4	Brandon S.
		Liam P. C.
		Sabrina C.
Ms. Sciulli	5	Denise C.
		Giulia G.

Teacher	Grade	Students
Ms. Gurrieri	5/6	Andrew P.
		Joseph B.
Mr. Lobalsamo	6	Cesare B.
		Gabriel E.
Ms. Giunta	7	Andres C. C.
		Amelia A.
Ms. Di Vincenzo	7/8	Caleigh P.
		Victoria S.
Ms. Sloane	8	Luca P.
		Maria V.
Mr. Estandian	ISA	Matilde L. B.
		Kiara C. A.
		Karla C. A.

#### Congratulations to all of our June 2021 Virtue of the Month recipients!

### **REMOTE HUB SCHOOLS**

Parents are encouraged to send their children to school in-person for the 2021-2022 school year. However, remote learning is available for both elementary and secondary students.

#### Elementary

Elementary remote and in-person students will be in separate classes instead of blended together in hybrid classes. Remote students will be assembled together Board-wide into fully remote classes by grade as follows:

Grade	Assigned School
JK/SK	Father Henri Nouwen
Grade 1	Corpus Christi
Grades 2 and 3	Blessed Scalabrini
Grades 4 and 5	St. Paul
Grade 6	Divine Mercy
Grades 7 and 8	St. Matthew
French Immersion	St. John XXIII

Student records will be transferred electronically to these schools, which means that for the entire period of remote learning, **remote students will be placed in their newly assigned school**. During this time, parents will receive School Messenger emails from this school, and not from their home school. If, after the first Term, parents decide to return their children to in-person learning, they will return to their home school.



## **UPDATE: UNIVERSALIZED BELL TIMES AT OLR 2021-2022**

Please note that there is <u>"NO Change"</u> to the <u>start and end</u> <u>time</u> at Our Lady of the Rosary CES for 2021-2022.

## The morning entry bell will ring at 8:50 am, and the school day will end at 3:20 pm.

The "Only" changes that have been made this year: 2021-2022 and moving forward are the times for the **morning recess**, **lunch hour and last recess**.

These changes are the result of universalizing the bell times for all elementary schools to provide increments of uninterrupted time allocated to instruction throughout the day.

**Recess:** 10:10 am - 10:25 am **Lunch:** 11:45 am - 12:05 pm

Lunch Recess: 12:05-12:45 pm Recess: 2:05 pm - 2:20 pm

### **SHARELIFE CAMPAIGN UPDATE 2021**

## **SL** ShareLife

June 30, 2021

William Kwon Our Lady of the Rosary CES 206 Glen Shields Avenue Concord ON L4K 1T8

Dear William,

Many thanks for your gift of \$328.00 on behalf of Our Lady of the Rosary CES. We treat every gift as a sacred trust and we are thankful your school has joined this year's ShareLife Schools Campaign. Your school's generosity allows ShareLife agencies to provide important services to so many in this time of great uncertainty.

You and your school's support are needed now more than ever in our community. Agencies funded by ShareLife quickly adapted their programs in response to the pandemic. From remote counselling for those in distress, to reaching out to isolated seniors, to supporting victims of family violence, these agencies are providing a lifeline to those in greatest need. By giving to Sharelife, you bring the hands of Christ to those less fortunate.

We have designated your donation towards St. Joseph the Worker's ShareLife campaign.

Once again, we are grateful to you and your entire school community for supporting our mission of living the Gospel by providing for those in need. Thank you for choosing to help the poor and marginalized in our community and around the world by supporting ShareLife.

With gratitude,

Michael Peñafiel

Michael Penafiel Coordinator, Schools and Employee Campaigns

1155 Yonge Street, Toronto ON M4T 1W2 | T: 416.934.3411 | F: 416.934.3412 | www.sharelife.org Charitable Registration No. 13063 2474 RR0001

### **2021 TERRY FOX RUN AT OLR**

This year, OLR's Terry Fox Run is tentatively scheduled to take place on Wednesday, September 29, 2021. Students will have the opportunity to support this important campaign to raise awareness and much needed funds online in support of cancer research, in memory of Terry's courageous battle with cancer and his inspirational cross-Canada run. We encourage all of our students to #TryLikeTerry and help support this worthwhile cause. Thank you to our Core Resource Teacher, Ms. Guida for spearheading this year's initiative. Additional information will be communicated in the near future.

 Market is a market

### Five Key Messages to Support a Mentally Healthy Return to School:

- We prioritize mental health and well-being as a key condition for students to learn and flourish.
- We lead with compassion and empathy and take action to address equity in mental health and well-being.
- We protect and promote student mental health with caring learning environments.
- We have strong mental health foundations to recognize and build on the learning and experiences of the pandemic.
- We make our way together; schools are part of a wider circle of support.



#### For Resources to support Mental Well-being, visit:

https://smho-smso.ca/educator-resource-guide/

Welcome back to a new school year!

This month's virtue is courage. Courage for our students as they return to school and the classroom. As parents/caregivers, let your children know that it is normal to be nervous when starting a new grade; to meet new people and learn something new. We know it may be difficult for many. Supporting the mental health of our students is a priority for us. Our school support staff, including behaviour resource staff, psychological services staff, and mental health workers, are available to determine the best way to support individual students. To learn more about mental health services and supports available visit Mental Health @YCDSB or YCDSB Student & Family MH Site. Follow us on Twitter @YCDSB\_MH and on Instagram @mh\_ycdsb.

Here are some resources you may find useful:

Supporting Mental Health and Wellness during the Return to School and How Do You Know If You Should Be Concerned

## Talking with Parents and Families about Mental Health





### Consider the time and place for a conversation

- Offer a mutually convenient time and place to have the conversation.
- Try to limit the possibility for interruptions and disruptions.
- Allow sufficient time for the conversation. Feeling rushed can limit the value of the meeting.



## Plan the conversation

- Think of what you would like to share with the parent or family member. Consider writing it down and practice how you would like to share your observations at the meeting.
- Consider potential language or cultural differences as you reflect on the wording you might use.
- Avoid using acronyms or shorthand for describing what you are observing.



## 3 🐼 Build trust

- Begin the conversation by sharing the student's strengths and what they are doing well.
- Let parents / family members know that their child is welcomed in your classroom (e.g., "I really enjoy having Sherna in my class this year. She has such a wonderful sense of humour").
- Pause often, giving parents / family members the space to speak. Listen with interest to what they have to say. If a parent has a different view, allow them time to fully describe their concerns. Summarize what you have heard them say to check your understanding.



School Santé mentale Mental Health en milieu scolaire Ontario Ontario

www.smho-smso.ca

## FACULTY MEMBERS AT OUR LADY OF THE ROSARY CES 2021-2022

-		1
STAFF MEMBER	Grade/Position	
Ms. N. Ecclestone	JK/SK	
Ms. C. Battel	JK/SK	
Ms. L. Carpanzano	ECE	
Ms. P. Colella	ECE	
Ms. R. Bromley	1	
Ms. M. Petrolo	2	
Ms. L. laboni	2/3	
Ms. N. Ali	3	
Ms. H. Prechner	3/4	
Ms. R. Sciulli	4	
Ms. I. Gurrieri	5	
Ms. A. Amato	6	
Ms. D. Di Vincenzo	7	
Ms. P. Ferazzutti	8	1
Ms. L. Giunta	8	1
Ms. B. Margie	ISA	1
Ms. S. Guida	Core Resource	
Ms. S. Marinelli	Core Resource	1
Ms. E. Guernon	Core French	
Ms. L. Colarossi	Core French	
Ms. R. lannetta	Physical Education	
Ms. Machala	ESL	
Ms. M. Puopolo	Teacher-Librarian	
LTO (TBD)/Ms.	Music	
McClelland (PERM)		
Ms. R. Couto	EA	
Ms. M. Gallo	EA	
Ms. S. Mallia	EA	
Ms. R. Vicente	EA	
Ms. P. Scozzari	EA	
Ms. A. Alvarez/Ms.	EA	1
C. Hall		
Mr. W. H Kwon	Principal	
Ms. J. Palermo	Head Secretary	
Ms. K. Sferopoulos	Lunch Office	
	Support	
Ms. S. D'Amico	Lunch Supervisors	1
Ms. D. Mikroulis		
Ms. T. Olujimi		
Ms. J. Cutrone		
Mr. K. Thai	Head Custodian	
Mr. P. Ricci	Afternoon	
	Custodian	
		1

## **CSC CORNER**



Thank you to all members of our sitting Catholic School Council at Our Lady of the Rosary CES for all of their tremendous efforts in working collectively towards goals focused on student well-being, student achievement and school improvement last year: 2020-2021. This year's meetings will continue with a virtual online format until further notice. Information regarding the election process and timelines will be communicated once they have been finalized. Once again, thank you for your understanding and patience. We encourage parents of current and new students to get involved this year, as we value your input and the myriad of talents, knowledge and skills that you possess with the ultimate goal of making OLR the best learning environment for all of our students!



## PARISH CORNER

OLR looks forward to expressing and celebrating our faith as a community of believers in Christ this year. Most importantly, we would like to express our gratitude to Father Steven and the staff at St. Joseph the Worker Parish for all of their support last year. Their kind words of support, humour and spiritual guidance are greatly valued and appreciated by everyone at OLR. Additional updates regarding masses, sacramental preparations and Parish news will be provided as it becomes available.

Additional information regarding mass times and livestreams can be found by visiting the StJW Parish website at <a href="https://www.stjwparish.com/">https://www.stjwparish.com/</a>

## **CROSS COUNTRY RUNNING**

This year, cross country running will take place at the local school level based on designated routes according to grade specific staggered cohorts. All YCDSB and York Region PH COVID-19 Health and safety protocol will be followed with the safety and well-being of students and staff at the forefront. We are cognizant of ongoing construction around Glen Shields Park; therefore, the safest routes around the immediate school grounds will be considered. More information will be communicated once updates become available.



## **CIVIX STUDENT VOTE 2021 AT OLR**

On September 20, 2021, students in the junior and intermediate grades will have the opportunity to take part in the CIVIX Student Vote (Federal Election). "Student Vote helps foster the characteristics of young voters, including enhanced civic literacy, increased political interest and discussion, and improved attitudes towards democratic participation. The simulated election experience can serve as a starting point in students' understanding and appreciation of the electoral process and the current platforms of Canada's political parties.





# SLEEP MATTERS FOR KIDS

#### SLEEP RECHARGES KIDS' BODIES AND BRAINS SO THEY CAN:

- Feel calm and refreshed.
- Make good choices.
- Have a healthy weight.
- Pay attention in school.



AFTER 1 OR 2 NIGHTS OF LESS SLEEP, YOUR CHILD MAY:

- Remember what they learned.
- Do better in sports.
- Avoid getting hurt.
- Feel good about themselves.

- Have more meltdowns.
- Make poor choices.
- Zone out in class.

Feel sad, hopeless,

Become overweight.

or anxioius.



- Forget what they learned.
- Have trouble with sports and games.
- Get into arguments.

KIDS WHO ARE SLEEP-DEPRIVED MAY:

- Make risky choices.
- Use cigarettes, alcohol, and drugs.

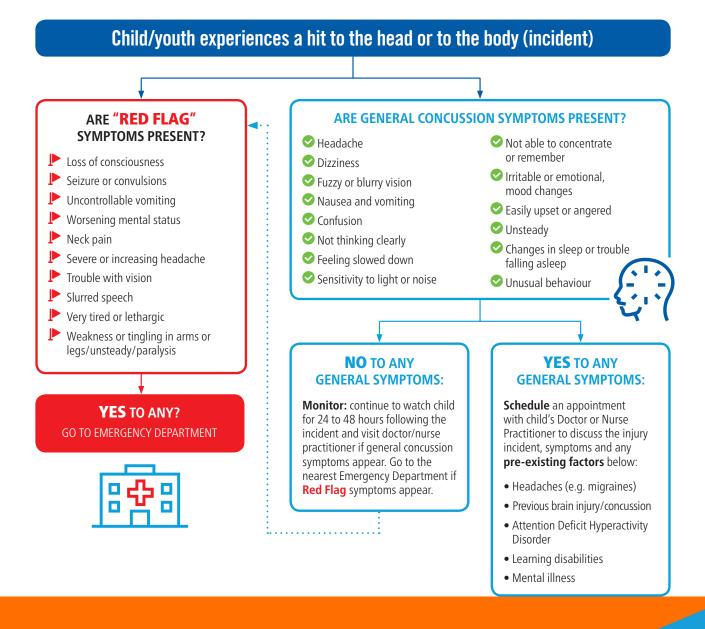
9-12 hours for ages 6-12 8-10 hours for ages 13-18

Revenued by Hansa (Bargana, MD), 1/17/2008

🖽 American Academy of Simp Medicine. Simp Ferview. National Simp Foundation. Preventive Medicine. Modulity and Mortality Weekly Report. American Academy of Pediatr

## PARENT'S PATHWAY For Child and Youth Concussion

FOR USE BY PARENTS AND CAREGIVERS I APPROPRIATE FOR AGES 5 TO 18 YEARS Every child/youth suspected of a concussion should be seen by a medical doctor or nurse practitioner



#### **PUBLIC HEALTH**

1-877-464-9675 TTY: 1-866-512-6228 **york.ca/concussion** 



19-5388



#### Anaphylaxis

What is Anaphylaxis?

Anaphylaxis (pronounced anna-fill-axis) is the most serious type of allergic reaction.

Symptoms of Anaphylaxis

Symptoms can vary for different people, and can be different from one reaction to the next.

- Skin: hives, swelling, itching, warmth, redness, rash
- Breathing (respiratory): coughing, wheezing, shortness of breath, chest pain/tightness, throat tightness/swelling, hoarse voice, nasal congestion or hay fever-like symptoms (runny nose and watery eyes, sneezing), trouble swallowing
- · Stomach (gastrointestinal): nausea, pain/cramps, vomiting, diarrhea
- Heart (cardiovascular): pale/blue colour, weak pulse, passing out, dizzy/lightheaded, shock
- Other: anxiety, feeling of "impending doom", headache, uterine cramps, metallic taste in mouth

During anaphylaxis, a person may have trouble breathing or experience a drop in blood pressure. These symptoms can lead to death if not treated.

#### When in Doubt, Inject.

*Epinephrine* is the drug used to treat anaphylaxis. It has saved countless lives. Epinephrine is the first line of defence during a reaction. It is not safe to wait for emergency medical personnel or a doctor to give the injection, or to use other drugs (like antihistamines or asthma medications) instead of epinephrine. There are two epinephrine auto-injectors available in Canada: EpiPen®.

Epinephrine is life-saving medication. Don't be afraid to use it.

© 2016. Food Allergy Canada (formerly Anaphylaxis Canada) www.foodallergycanada.ca



#### **Kids and Anaphylaxis**

Children will often describe their symptoms differently than an adult would. For example, a child might say "My tongue is fuzzy" or "My throat feels funny". A very small child may simply become very quiet, because they don't understand what is happening. As a parent or caregiver, if something seems wrong, check for signs, ask questions and take action at the early signs of a reaction.

#### How Is Anaphylaxis Treated?

#### The 5 Emergency Steps

- 1. Give epinephrine (e.g. EpiPen®) at the first signs of an allergic reaction.
- Call 9-1-1 or your local emergency medical services and tell them that someone is having an anaphylactic reaction.
- You can give a second dose of epinephrine as early as 5 minutes after the first dose if there is no improvement in symptoms.
- 4. Go to the nearest hospital right away (ideally by ambulance), even if symptoms are mild or have stopped. The reaction could get worse or come back after using epinephrine. You should stay in the hospital to be observed (generally about 4 hours).
- 5. Call the emergency contact person (e.g., parent, guardian, spouse).

#### ANAPHYLAXIS

The York Catholic District School Board has a comprehensive policy to help protect students with life threatening allergies. Protecting anaphylactic students from exposure to life threatening substances poses a major challenge for all elementary schools. As outlined in the policy, parents are asked to inform the school of such allergies immediately and are required to complete S15 and S15a forms which are available in the office. Each form must have two passport size pictures attached so that the student is easily identifiable to staff. Parents are also asked to ensure that students for whom Epi-Pens are prescribed, have two Epi-Pens at school. One Epi-Pen should be worn by the student in a waist pack at all times, which includes on the bus and on all other school related activities. The other Epi-Pen must be stored in the school office for emergency use only.



#### PEDICULOSIS (HEAD LICE)

The following is the annual reminder to parents about Pediculosis. Please, routinely check your child's head for live lice and/ or their nits (eggs). If you find head lice, please ask a family physician, pharmacy personnel and use a recommended treatment to destroy the lice and remove all the nits from your child's hair before they return to school. For further information,

you may contact the school or call the Public Health Nurses at Health Connection, 1-800-361-5653.

### MEDICATION AT SCHOOL

Our schools do not have a school nurse. Therefore, whenever possible, have your doctor schedule medication to be administered outside of school hours. If, in extremely unusual circumstances, your child must take medication during the school day, please contact the school office to obtain and complete the required form S16 and S16a. These forms must also be signed by your physician. Students cannot have medication in their bags or desks at school. All medication must be kept in its original container with your child's name clearly visible and will be safely secured by school personnel in a designated area within the office.

## What to Bring On Your First Day of School

Below is a brief overview of things to keep in mind before sending your children to school:

- Eating well and staying hydrated will not only help your children focus in school, but also to fight off illness. Please prepare healthy ready to eat food and snacks that don't require reheating, packed in an insulated bag to keep food warm/cool. Please label lunch bags, containers, bottles and reusable utensils with your child's name.
- Students should bring their own refillable drinking bottles. Please label the water bottle with your child's name.
- Personal school supplies. Please label your child's school supply case (i.e. pencil case) with their name.
- Students are <u>encouraged</u> to bring a breathable cloth bag in which to store their masks during recess times. Plastic bags are not preferred and only recommended for short periods of time (i.e. up to 15 minutes).
- Please send extra face masks in their knapsacks. (Gr. 1-8). Also, this is strongly encouraged for JK/SK students.
- All students are required to have a second pair of shoes for indoor wear that can be kept at school. These shoes should be labeled and have non-marking soles. This helps to keep the classrooms and common indoor areas clean.

#### OLR 2020-2021 YEARBOOK STATUS UPDATE:

OLR 2020-2021 yearbooks have already arrived at OLR. For any students/families who did not receive a yearbook for which there is a "confirmed" payment, these items will be distributed and sent home with your child during the first week of school.

### CLASS AND INDIVIDUAL STUDENT PHOTOS UPDATE:

Class and Individual school photos have been tentatively scheduled for Tuesday, October 5, 2021 with re-takes scheduled for Wednesday, October 13, 2021. Please note that these dates are tentative, pending approval and authorization by the YCDSB as informed by evolving COVID-19 related Health and Safety protocol.

We will update families in the near future should there be any updates.

#### SUPERVISION:

Supervision begins from 8:35 a.m. until 8:50 a.m. every day. In the interest of students' safety, no students should be arriving before 8:35 a.m. Please remain with your child if you arrive before 8:35 am. Parents are asked to refrain from congregating near common areas of the school outside, i.e. kindergarten yard in close proximity to students and are asked to kindly wear masks when in proximity to students outside.

## DRESS CODE

- All student attire must be in keeping with our Catholic teachings and beliefs, and reflect principles of modesty and shall not include the following:
- Halter tops, tank tops, spaghetti strap tops (narrower in width than 3 fingers) or tube tops
- Tops, pants, shorts and skirts must cover the entire midriff.
- Half t-shirts, tops with cut-outs, tops made of mesh or netting type material
- Short shorts or skirts
- Low necklines, front or back
- Language and/or representation (pictures) on attire that indicates gang affiliation and/or depicts violence, profanity or discrimination of any kind whatsoever or that otherwise demeans an identifiable individual or group
- Accessories not in keeping with the spirit of the Dress Code as determined by OLR.